



ABERFELDY SCHOOL NEWSLETTER

E-mail: Aberfeldy.class@xtra.co.nz

Week Five Term Four 23rd November 2020

CONTACT DETAILS for VAN Please contact Raewyn before 7.30am, if your child will not be on the van : **Raewyn 027 211 4886** Remember there is no cell phone coverage at school - so Raewyn will not get messages sent in the afternoon until the van is back in town!

Ki ora Aberfeldy Whānau,

Mitre 10 TOUGH KIDS:

All students from Year 3 upwards will be taking part in this years Mitre 10 Tough Kids challenge, being held at Cooks Gardens on the 27th November.



Students will need to bring -

- ◆ Adequate lunch/snacks
- ◆ Drink bottle – there is a water fountain on the grounds for refilling if required
- ◆ Warm clothes for children that are waiting in the grandstand
- ◆ Suitable clothes for running in – no jeans or heavy clothing as they will get wet and dirty
- ◆ A change of clothes for after the race. The changing rooms will be open
- ◆ Towel to dry off with
- ◆ Shoes – optional for the race. Please note: on a summers day the track gets very hot and there could also be prickles in the grass!

Please fill in the permission slip below and return to school. All children will be picked up about one hour later than normal on Friday morning and return home from around 1.30pm onwards. Parents are welcome to come along and watch.

- AGE GROUPS: Years 3 ~ 8
 DISTANCE: 1 km of obstacles
 COURSE: Cooks Gardens Whanganui
 PROGRAMME:
 9.30am Assemble at Cooks Gardens Maria Place Extension gate
 10.00am Group Warm Up
 10.15am Year 3/4 Boys Race
10.40am Year 3/4 Girls Race
 11.05am Year 5/6 Boys Race
 11.55am Year 7/8 Boys Race
 12.20pm Year 7/8 Girls Race

Uniforms and sun hats - All students will be sent home with a school sports top and a sunhat on Thursday, in a plastic bag, for them to wear on Friday. These **MUST** be returned to school at the end of the day (children need to have a spare top with them).



SUNSMART SCHOOLS:

Aberfeldy School is a Sunsmart School and children **MUST** wear a hat when outside (a wide brim hat provides more protection, or a hat with a flap at the back to protect their neck from the sun). The school has purchased some hats for students to wear at school - if your child does not like these then they **MUST** provide their own. Children should eat their lunch in the shade and sunblock is available at school and must be used. If you have a preference for sunblock for your child then please send it along to school in a named plastic bag. Please speak to your children about being sun smart - they are able to ask for sunblock, or put it on themselves, when required.

SWIMMING:

We are swimming every day at school. All children need to bring togs, towel and a plastic bag (to put their wet gear in) to school every day. All children are expected to take part in our swimming programme. We are extremely lucky to have a school pool and the pool is looking great. If children do not have a towel at school they won't be able to swim.

ALLERGIES:

Please advise the school if your child is allergic to bee stings (and the required action or if medication or an epi pen are required), or if they have any other allergies that the school should be aware of . Even if you think this information was contained in your child's enrolment pack please update the school to ensure we do hold the current, correct medical information for your child.



ABERFELDY SCHOOL PERMISSION SLIP Mitre 10 TOUGH KIDS

Friday 27th November 2020:

I give permission for to take part in the Mitre 10 Tough Kids on Friday the 27th November 2020. I understand that my child may be home from 1.30pm onwards.

Signed: Parent / Guardian Date: